



www.ich2006.it



28TH International Congress
on Occupational Health

Renewing a century
of commitment to a healthy,
safe and productive
working life

Milan, Italy
June 11-16, 2006

2ND ANNOUNCEMENT

www.ich2006.it

ORGANIZED BY:



ICOH - International Commission on Occupational Health
www.icoh.org.sg



Department of Occupational Health – University of Milan
www.cdlddevoto.it – www.unimi.it



SIMLII – Italian Society of Occupational Health and Industrial Hygiene
www.simlii.net



ISPESL – National Institute for Occupational Safety and Prevention
www.ispesl.it

WITH THE SUPPORT OF:



CIIP Consulta Interassociativa Italiana per la Prevenzione

WITH:

AIAS	Associazione Italiana Addetti alla Sicurezza	www.aias-sicurezza.it
AICA	Associazione Italiana Consulenti Ambientali	www.aica-ambiente.it
AICARR	Associazione Italiana Condizionamento dell'Aria Riscaldamento e Refrigerazione	www.aicarr.it
AIDII	Associazione Italiana degli Igienisti Industriali	www.aidii.it
AIE	Associazione Italiana di Epidemiologia	www.epidemiologia.it
AIP&P	Associazione Italiana per la Prevenzione e la Protezione	www.626-aipp.com
AIRM	Associazione Italiana Radioprotezione Medica	www.airm.it
AIRP	Associazione Italiana di Protezione contro le Radiazioni	www.airp-asso.it
AMBLAV	Associazione Ambiente e Lavoro	www.amblav.it
ANMA	Associazione Nazionale Medici di Azienda e Competenti	www.anma.it
ANMeLP	Associazione Nazionale Medici del Lavoro Pubblici	www.anmelp.org
ANPEQ	Associazione Nazionale Professionale tra Esperti Qualificati in Radioprotezione	www.anpeq.it
SIE	Società Italiana di Ergonomia	www.societadiergonomia.it
St.Tox	Società Italiana di Tossicologia	www.sitox.org
SNOP	Società Nazionale degli Operatori della Prevenzione	www.snop.it



Fondazione Ospedale Maggiore Policlinico, Mangiagalli
e Regina Elena www.policlinico.milano.it



A.O. Ospedale Luigi Sacco www.hsacco.it/ita/home.html



A.O. Ospedale San Paolo www.hspspanpaolo.mi.it



Finito di stampare
nell'aprile 2005

The 1906 “Universal Exhibition” – the world’s fair celebrating the achievements of human ingenuity in science, technology and arts – was organized in Milan, Italy. That exhibition was marked by a special event: the official opening of the Simplon tunnel linking Milan to Switzerland and France, an astonishing success of the work of man, which however took a heavy toll in terms of number of deaths, injuries and diseases among the workers. A group of physicians and scientists, concerned of these consequences, decided to convene an international meeting on occupational health and safety devoted to three main issues: work-related physiology, pathology and hygiene; prevention of work-related diseases; and social assistance. 300 delegates attended the Congress which was closed on 13 June 1906 with the creation of the International Permanent Commission on Occupational Health, currently known as the International Commission on Occupational Health, ICOH. Aim of the Commission was to promote research on occupational diseases worldwide and disseminate the available knowledge to the entire scientific community, to physicians, employers and workers. To achieve these goals it was further decided to regularly hold a congress every three years. In 2006, a century after its foundation, the ICOH will organize, on the very same dates (11-16, June), its 28th International Congress back in its birthplace, Milan, Italy.

During these one hundred years, significant improvements in working conditions have been achieved, and certainly occupational health professionals have contributed thereto. At present however, the occupational health community must tackle new problems the solution of which requires new research, new methods and new practices. Changes in the world economy, the process of globalization, new technologies, different types of employment and work contracts constantly affect health and safety at work. Small and medium-sized enterprises and the self employed do not often have the necessary financial and technical resources to adequately assess risks and ensure appropriate protection. Developing countries and countries in transition lack access to those services that would be required to assess and control occupational hazards.

Against this background, and given the current scenario, for its 2006 Centennial Congress the ICOH coined the motto “*Renewing a century of commitment to a healthy, safe, and productive working life*”, thereby emphasising its dedication to responding to the new century’s challenges. ICOH members are determined to cooperate in the field of research and in practice to ensure healthy and safe work environments to the workers throughout the world and intend to do so by following the principles of sound science, excellent practice and highest professional and ethical standards. We believe that, in so doing, we will also contribute to eliminate poverty caused by unnecessary, preventable occupational diseases and injuries, promote the development of work ability and improve productivity.

Colleagues from many different countries started long ago working on a scientific and social programme that could meet the needs and the expectations of occupational safety and health scientists and professionals all over the world. Be with us in Milan in June 2006, and bring your contribution to this exceptional scientific and cultural event to make a grand start for the ICOH’s next one hundred years!

VITO FOÀ
President of 28th ICOH Congress



JORMA RANTANEN
President of ICOH



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Committees and Secretariats

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Vito Foà

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Congress web site

www.icoh2006.it

The congress web site will be regularly updated: be sure to check it from time to time for the latest scientific and organizational news.



Scientific Program

TOPICS

Abstracts can be submitted on the following topics:

- T1** Accident prevention
- T2** Aging and work
- T3** Agriculture and rural health
- T4** Allergology and immunotoxicology
- T5** Biohazards at the workplace: risk assessment and health surveillance strategies
- T6** Bioterrorism
- T7** Cardiovascular disease in occupational health
- T8** Chemical industry
- T9** Child labour
- T10** Chronic obstructive lung disease and occupational exposures
- T11** Construction industry
- T12** Digestive disease in occupational health
- T13** Education and training in occupational health
- T14** Endocrine disruptors
- T15** Epidemiology in occupational health
- T16** Ethics in occupational health research and practice
- T17** Exposure assessment and exposure modelling
- T18** Evidence-based occupational health practice
- T19** Fibers and fibrous materials
- T20** Guidelines for good occupational health practice
- T21** Gene-environment interaction in occupational and environmental health
- T22** Handicap and work
- T23** Health care workers
- T24** Health effects from combined exposures
- T25** Health services research and evaluation in occupational health
- T26** Healthy living and healthy working: health protection and promotion
- T27** History of prevention of occupational and environmental diseases
- T28** Indoor air quality and health
- T29** Industrial disasters
- T30** Industrial hygiene
- T31** International cooperation in occupational health
- T32** Musculoskeletal disorders
- T33** Low back disorders
- T34** Upper and lower extremity disorders
- T35** Multiple chemical exposures



- T36 Nanotechnologies and nanoparticles
- T37 Non-ionizing radiation: exposure and health effects
- T38 Neurotoxicology and psychophysiology
- T39 Occupational health and development
- T40 Occupational cancer and carcinogenesis
- T41 Occupational and environmental skin disease
- T42 Occupational health for health care workers
- T43 Occupational diseases: diagnostic procedures, surveillance systems, and compensation issues
- T44 Occupational health in agriculture
- T45 Occupational health nursing
- T46 Occupational toxicology and biomonitoring
- T47 Organic dusts
- T48 Occupational asthma
- T49 Old and new occupational infectious diseases
- T50 Pesticides
- T51 Physical hazards at work
- T52 Pneumoconiosis
- T53 Radiation and work
- T54 Reference and limit values in O.H. prevention
- T55 Reproductive hazards in the workplace
- T56 Respiratory disorders
- T57 Return to work intervention
- T58 Risk assessment of pesticide exposure in agriculture: measurements, models and profiles
- T59 Shiftwork, nightwork and flexible working hours
- T60 Small-scale enterprises and informal sector
- T61 Stress and work
- T62 The occupational physician and the general practitioner
- T63 Thermal factors
- T64 Toxicology of metals
- T65 Toxicology of solvents
- T66 Unemployment and health
- T67 Violence and harassment in workplaces
- T68 Vibration and noise
- T69 Veterans' health and military post-deployment syndromes
- T70 Work ability, health and well-being of aging workers
- T71 Women, work and health
- T72 Work organization, work-related stress and psychosocial factors
- T73 Work and vision



SPECIAL SESSIONS

Special sessions, mini symposia, round tables and workshops are being organized by ICOH Scientific Committees and other cooperating Institutions. Topics include:

- Trends and priorities in occupational health and safety: the role of the national institutes
- The new global strategy for OHS and the program of the network of collaborating centers in occupational health
- Epidemiological research on occupational health worldwide
- The common ILO-WHO project on revision of the list of occupational diseases
- Organic dusts symposium: current opinion
- Bread, work and health
- Disability and work
- Dioxin effects on human health: Seveso 30 years after
- Neurosensory data to be used in risk assessment
 - New statistical approach for the evaluation of neurobehavioral data
 - New approaches in the diagnosis of solvent-related toxic encephalopathy
 - Chronic neurodegenerative disorders and occupational exposures
 - Analytical and biological variability: impact on interpretation of biomonitoring results
 - Biomarkers of metal toxicity in risk assessment
 - Influence of nutritional factors in metal toxicology
 - Ethical aspects of biological monitoring and risk assessment in industrial vs. developing countries
 - Occupational health care for the underserved. How best to reach small enterprises and the self-employed
 - Ethical aspects in epidemiology and in research involving human subjects
 - Occupational medicine in court
 - Health problems in the automotive industry
 - Best practices in the construction industry
- Aging and work ability in the construction industry
- Competences in occupational health
- EBM for occupational health
- Cochrane occupational health field
- Continuing education in occupational health
- Does it make a difference? Case studies in good occupational safety and health communication practice. Lessons learned in working with hard to reach audiences
- What makes a difference? Case studies in good communication practice. Lessons learned in occupational safety and health: knowledge management and web-based delivery
- Collaboration between ops gps and ohs-models
- Work-relatedness of health problems: a blind spot in curative care?
- Risk of hearing loss from noise and chemicals



- The manifold faces of violence at work
- Basic occupational health
- Nurses' early exit study
- Physical work load in patient handling
- Psychosocial work load in health care workers
- Occupational health of health care workers in countries in transition
- Occupational health and the role of the nurse
- International standards and harmonization of EU, ILO, and WHO with national legislation in countries in political and economic transition
- Risk assessment in OSH
- Historical evolution of the concept of risk
- Prevention of accidents and trauma
- Use of human data in risk assessment
- Epidemiology of musculo-skeletal disorders
- Prevention of MSD in problematic sectors
- Stress and musculo-skeletal disorders
- MSD in the health care sector
- Workplace intervention studies for the prevention of msd and disability
- Strategy and experiences of musculo-skeletal disorders prevention in large manufacturing companies
- Health effects of fibers and particulate matters
- Occupational asthma: causes, mechanisms, occurrence and prevention
- Occupational health systems, policy and services for South East European countries
- Occupational health care in times of globalization – routes towards better safety and health for all
- New challenges to OSH: bridging economic and social development
- The state of occupational health worldwide
- Indicators and profiles for monitoring occupational safety and health
- Interplay of occupational, non occupational and genetic factors in cancer causation
- Current status of HR-CT reference material for pneumoconiosis
- Tobacco-free workplaces
- Future occupational health issues in developing countries
- A new teaching tool: education and training using basic occupational health



ICOH CENTENNIAL PLENARY SESSION

A special plenary session will be devoted to the celebration of the Centennial of ICOH, the International Commission on Occupational Health, founded in Milan, Italy, in 1906.



28th ICOH 2006 Congress at a Glance

	SUNDAY JUNE 11	MONDAY JUNE 12	
9:00-10:45		Plenary Session	
10:45-11:15		<i>Break</i>	
11:15-13:00		Semi-plenary Sessions	
13:00-14:00		<i>Lunch</i>	
13:45-14:30		Poster Viewing	
14:30-16:15	ICOH General Assembly	Parallel Scientific Sessions, Workshops, Minisymposia	
16:15-16:45		<i>Break</i>	
16:45-18:00	Opening Ceremony	Parallel Scientific Sessions, Workshops, Minisymposia	
19:30	Welcome Reception		

	TUESDAY JUNE 13	WEDNESDAY JUNE 14	THURSDAY JUNE 15	FRIDAY JUNE 16
	Plenary Session	Plenary Session	Plenary Session	Plenary Session
	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
	Semi-plenary Sessions	Semi-plenary Sessions	Semi-plenary Sessions	Semi-plenary Sessions
	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
	Poster Viewing	Poster Viewing	Poster Viewing	Poster Viewing
	Parallel Scientific Sessions, Workshops, Minisymposia	Parallel Scientific Sessions, Workshops, Minisymposia	Parallel Scientific Sessions, Workshops, Minisymposia	Parallel Scientific Sessions, Workshops, Minisymposia
	<i>Break</i>	<i>Break</i>	<i>Break</i>	<i>Break</i>
	Centennial Plenary Session	Parallel Scientific Sessions, Workshops, Minisymposia	Parallel Scientific Sessions, Workshops, Minisymposia	ICOH General Assembly. Closing Ceremony
	Centennial Reception	Social Dinner		



Pre/Post-ICOH 2006 Congress Events

Advanced course in occupational toxicology

Capri, June 7-9

Organizer: M.Manno

Contacts: maurizio.manno@unina.it

Comprehensive workplace health promotion – An innovative strategy of company health management

Prague (Czech Republic), June 8-9, 2006

Organizers: M.Horvath, M.Sochorova

Contacts: mhorvath.icohsatellite@seznam.cz sochorova@heliosvia.cz

Advanced Hazmat life support

Rome, June 8-9, 2006

Organizers: S.Borron, A.Barelli

Contacts: sborron@intoxicon.com a.barelli@mclink.it

Vocational rehabilitation in occupational medicine

Pavia, June 9, 2006

Organizers: M.Imbriani, F.Franchignoni, G.Bazzini

Contacts: mimbriani@fsm.it f franchignoni@fsm.it gbazzini@fsm.it

Global meeting of WHO Network of CC in occupational health

Stresa, June 9-10, 2006

Organizers: G.Eijkemans, M.Maroni

Contacts: eijkemansg@who.int marco.maroni@unimi.it

The OCRA method for assessing and managing the risk of upper limb WMSDs

Milan, June 9-10, 2006

Organizers: E.Occhipinti

Contacts: epmdaniela@tiscali.it

Criteria for the case definition of musculoskeletal diseases in occupational setting

Bologna, June 9-10

Organizers: F.Violante

Contacts: francesco.violante@unibo.it bonfiglioli@aosp.bo.it

Course on occupational cancer and risk management

Milan, June 9-10

Organizers: ISPEL-METRONet

Contacts: S.lavicoli
Training.metronet@libero.it

Ageing and shift work in health care workers

Venice, June 9-10

Organizers: G.Costa

Contacts: giovanni.costa@univr.it

Occupational health nurses. Challenges, interventions, solutions in OHS delivery

Milan, June 10

Organizers: J.Serfontein, A.Jorgensen

Contacts: serfie@mweb.co.za

Non-invasive methods to diagnose and assess occupational lung diseases

Milan, June 10-11

Organizers: A.Mutti, K.Kreiss

Contacts: antonio.mutti@unipr.it kxk2@cdc.gov

Neurotoxic metals: lead, manganese and mercury.

From research to prevention

Brescia, June 16-17

Organizers: R.Lucchini, P.Landrigan, G.Nordberg, P. Grandjean

Contacts: medlav@med.unibs.it <http://www.ntoxmet.it>

Work-related cardiovascular diseases: epidemiology, prevention, job stress, and return to work

Varese, June 17

Organizers: G.Cesana, M.Ferrario

Contacts: marco.ferrario@uninsubria.it

Non-ionizing radiation: occupational exposure and effects

Como, June 17

Organizers: FM.Gobba, P.Rossi

Contacts: f.gobba@unimore.it p.rossi@dil.ispesl.it

Dermal risk assessment at the workplace

Siena, June 17

Organizers: P.Sartorelli

Contacts: sartorelli@unisi.it

Agricultural medicine and rural health – Building new tools for health promotion in rural areas

Cremona, June 18-21

Organizers: C.Colosio

Contacts: mail@icps.it www.icps.it

Neurotoxicants & neurodegenerative disorders

Venice, June 19-21

Organizers: M.Lotti, G.Bartolucci

Contacts: marcello.lotti@unipd.it



Scientific Information

SUBMISSION OF ABSTRACTS

Submitted abstracts related to the topics of the Congress will be selected for presentation as posters or oral communications. The scientific reviewers might suggest methodological and/or editorial modifications in order to improve quality of presentation.

Deadline for submission of abstracts September 20, 2005

Notification of acceptance will be mailed to presenting author by **November 20, 2005**.

Each presenting author can submit a maximum of two abstracts. Authors presenting accepted abstracts should register by **January 20, 2006**, in order to be included in the final program.

Recommended method for submitting abstracts is on-line.

- The on-line submission can be done through the web site of the congress www.icoh2006.it, clicking on the "Abstracts" button and following the instructions reported there.
- Alternatively, in case you do not have on-line access, abstracts can be sent by
 - e-mail as a Microsoft Word attachment (icoh2006@fieramilanocongressi.it),
 - air mail on a white paper sheet plus a Microsoft Word copy on CD/Floppy Disk (S.P.i.c - Via Costalunga, 14 - 25123 Brescia - Italy) following the instructions listed below.

Instructions for preparation of abstracts

1. Abstracts will have to be typed in English with a maximum of 300 words (title, key words, authors and affiliations excluded).

2. On a separate sheet please specify:

- information on presenting author (name, surname, complete address, phone/fax/e-mail address) Such data will be used for the correspondence with the author.
- preferred form of presentation (oral communication or poster)
- code of the scientific topic the abstract refers to (if necessary, max three topics can be indicated)

key words (maximum three)

- 3.** Abstracts must include: Title – author(s) – affiliations and towns/countries of the author(s) - text.
- 4.** Editorial indications: Spacing: single; Font size: 12 points; Character: Times New Roman; Type the title in capital letters. Authors must be quoted with SURNAME (block letters) plus initial of the name.

ABSTRACT BOOK

Accepted abstracts will be published in a special issue of the indexed journal **La Medicina del Lavoro (Med. Lav.)** that will be distributed to the registered participants at the congress site.

CME

The program of the Congress has been submitted for accreditation to:

- Italian Continuing Medical Education program (ECM).
- EACCME (European Accreditation Council for Continuing Medical Education), an institution of the European Union of Medical Specialists (UEMS).

Following an agreement between UEMS and AMA (American Medical Association), these credits are valid both in Europe and North America.

General Information

DATE AND LOCATION

The congress will take place on **June 11-16, 2006** at the **Fiera Milano Congressi Center**, Via Gattamelata 2, Milan - Italy.

The Fiera Milano Congressi Center is one of the main congress centers in Europe. Its three story building will host all congress rooms, reception/registration area, technical exhibitions, poster display and restaurants areas.

HOW TO REACH THE CONGRESS SITE

Underground Red Line (**MM1**) headed to "Molino Dorino" – get off at the station "**Amendola Fiera**". A **bus shuttle** service will connect the underground station with the congress center (ten minutes walk).

The congress site can also be reached by:

- city **bus 78**, with stop in Via Colleoni;
- **tram 1 and 33** or city **bus 57 and 43**, with stop at the corner between Corso Sempione and Via Domodossola;
- city **bus 68**, with stop in Viale Berengario
- **tram 19** with stop in Piazza VI Febbraio and Largo Domodossola
- **tram 27** with terminus in Piazza VI Febbraio
- **train** Ferrovie Nord Milano (FMN) with stop at Domodossola Station

HOW TO REACH MILAN

Airports

Milano Malpensa International Airport

Milano Malpensa Airport is connected with all main hubs and airports worldwide. Terminal 1 (main international terminal) and Terminal 2 are connected by a free shuttle bus service leaving every 30 minutes 24 hours a day.

The airport is located at about 40 kilometers from the city that can be reached by:

- **Train** (Malpensa Express) from Terminal 1 (floor -1) to Cadorna Railway Station (city centre). Trains leave every 20 minutes – duration of the run: 40 minutes.
- **Bus**: Malpensa Shuttle and Malpensa Express from Terminal 1 and 2 to the Central Railway Station; buses leave every 20 minutes. Duration of the run: ca.50 minutes
- **Taxi**

Linate airport

Linate airport is located at ca, 8 kilometers from the city that can be reached by:

- **Bus** leaving from the arrivals area every 30 minutes – duration of the run: ca. 20 minutes
- City **bus 73** leaving from the national arrivals area and with terminus in the very central Piazza San Babila.
- **Taxi**

Train

The main station in Milan is the Central Station (**Milano Centrale**) with direct connections with the major European cities. The station is located in the north-east corner of the city center, Piazza Duca D'Aosta, serviced by many public transportations including underground lines **MM2** (green) and **MM3** (yellow).



Car

By-pass roads surround Milan and allow connection with the main motorways to: Turin-Venice (A4), Genoa (A7), Varese (A8), the "Sun Motorway"(A1) to Bologna-Florence-Rome-Naples and Southern Italy.

MILAN UNDERGROUND

The Milan Underground system (MM) has three lines:

- MM 1 (red line): the first built in the 60s, reaches some of the most important sites in town, such as the exhibition ground (Fiera Milano), San Siro Stadium, the Duomo Square, Corso Buenos Aires, Cadorna Station and Piazzale Loreto.
- MM 2 (green line): it reaches the most important railway stations in Milan, the Central Station and Cadorna, both important for their connections with Linate and Malpensa airports. The line gets also to Sant'Ambrogio, the most famous romanica Basilica in town.
- MM 3 (yellow line): it reaches the Duomo Square, Via Montenapoleone, the heart of the fashion district of Milan, and Stazione Centrale, the central railway station.

Same tickets for subway, buses and trams: the cost is € 1.00 and allows you 1 run in MM and 75-minute runs on trams and buses. They can be purchased at news stands, tobacconists, coffee shops and automatic distributors. There is also the possibility to purchase daily, two-days and 10-runs tickets.

CONGRESS SECRETARIAT

All requests related to the Congress must be sent to the organizing secretariat:

Fiera Milano Congressi c/o SP.i.c.

Via Costalunga, 14, - 25123 Brescia (Italy)

Phone: +39.030.382336; Fax: +39.030.382653; e-mail: icoh2006@fieramilanocongressi.it

During the congress the secretariat will operate at the Fiera Milano Congressi Center from the afternoon of June 10 throughout the congress.

The following services will be available at the secretariat:

- On-site registrations
- Collection of congress material
- Information
- Social program booking
- Travel agency (hotels, tours, tourist information, train/plane tickets)



Social Program

Sunday, June 11 - Fiera Milano Congressi Center

Opening Ceremonies and Welcome reception

The Opening Ceremonies will be followed by a Welcome reception to be held at the congress site. Participation in the Ceremonies and reception is included in the registration fees.

Tuesday, June 13 - Fiera Milano Congressi Center

Centennial reception

The Centennial Ceremony session will be followed by a Centennial reception to be held at the congress site.

Participation in the reception is included in the registration fees.

Wednesday, June 14 - Fiera Milano

Social Dinner

The social dinner will take place in one of the pavillions of Fiera Milano.

Social dinner fee: € 80.00 (VAT included). Dinner booking by filling in the proper space on the registration form and including the corresponding payment (see Registration chapter for methods of payment). The social dinner can be purchased at the congress site by **h. 13:00 of Monday, June 11**, and will be subject to place availability.



Registration

Only registered participants will be allowed to attend the scientific and social events of the congress.

ORGANIZING SECRETARIAT IN CHARGE OF THE CONGRESS REGISTRATION:

Fiera Milano Congressi c/o SP.i.c.
Via Costalunga, 14 – 25123 Brescia
Tel. +39 030.382336 – Fax +39 030.382653
e-mail: icoh2006@fieramilanocongressi.it

Registration fees (VAT 20% included)

	ICOH Member	Non ICOH Member	Student ICOH Member	Student Non ICOH Member
Within 31/7/2005	€ 650.00	€ 750.00	€ 60.00	€ 120.00
From 1/08/05 to 20/1/06	€ 740.00	€ 840.00	€ 80.00	€ 150.00
After 20/1/06	€ 850.00	€ 930.00	€ 120.00	€ 200.00
Daily registration *	€ 150.00	€ 170.00	€ 30.00	€ 40.00
Two-day registration**	€ 290.00	€ 330.00	€ 50.00	€ 70.00
* Daily and two-day registrations cannot be added up				
Accompanying person	€ 80.00			
Social dinner	€ 80.00			

ICOH Members have to specify their membership code in the registration form. Participants waiting for membership confirmation will have to tick the item “**waiting for confirmation**” and specify date of ICOH application submission. Participants wishing to apply for membership will find the necessary information in the ICOH Application Form enclosed to this program.

Students have to enclose with the registration form a written declaration by the Director of their School certifying their student status. For registrations made online this declaration should be sent by fax (+39 030.382653).

Registration fees include:

- participation in the scientific works
- certificate of attendance
- congress kit including abstract book
- welcome reception
- centennial reception

The accompanying person fee includes:

- welcome reception
- centennial reception
- walking tour of Milan (on June 11 or June 13)

DEADLINE FOR PRE-CONGRESS REGISTRATION

Advanced registrations (accompanied by payment) will be accepted by **May 10, 2006**. After this date registrations shall be made directly at the congress site.

HOW TO REGISTER

On-line

To use this method, participants will have to enter the congress web site www.icoh2006.it, click the "Registrations" button and follow the instructions reported there.

The payment for on-line registrations is by credit card.

Submission of the registration form

To use such method, participants will have to fill out the registration form included in this program and send it together with the corresponding payment to the organizing secretariat.

METHODS OF PAYMENT

- bank cheque in favour of **Fiera Milano Congressi S.p.A.** - The cheque will have to be sent, possibly by registered mail, to the organizing Fiera Milano Congressi c/o SP.i.c. Via Costalunga, 14, 25123 Brescia, together with the registration form.;

- bank-to-bank transfer in favour of **Fiera Milano Congressi S.p.A.**
Banca Popolare di Milano, Agency 398, Largo Domodossola, 1 Milan (Italy)
Account no. 18995; ABI Code 05584; CAB Code 01698; Cin Code A;
Swift Code BPMIITM1398; BBAN Code: A0558401698000000018995 (for Italy only);
IBAN Code IT85A0558401698000000018995 (for non Italian Countries).
Copy of the bank transfer receipt must be sent by fax (+39/030 382653), together with the registration form;

- credit card. The following credit cards are welcome:
VISA NO Electron; VISA Electron; Mastercard; Eurocard; Carta Si; Diners; Jcb; American Express.
Please make sure to quote in the registration form all requested card data and to tick the authorization to charge the card.

IMPORTANT

Forms sent without the corresponding payment will not be taken into consideration.

Regular invoice will be sent by Fiera Milano Congressi to the mail address reported in the form when payment is proved.

REGISTRATIONS MADE BY COMPANIES / AND OR INSTITUTIONS

Registrations made by companies and/or institutions must be confirmed in writing by an authorized company/institution officer. The confirmation must be sent together with the registration form and must specify the name, address and VAT Number (for Italian and European Companies) of the company/institution.

For this reason registrations made by companies and or institutions cannot be made on-line.

For further information please contact the organizing secretariat.

Cancellation Policy

Cancellations must be communicated in writing to the Organizing Secretariat.

Cancellations received by **March 20, 2006** will be entitled to a complete refund of the paid amount. Cancellations received after that date will not be entitled to any refund.

Substitutions, communicated in writing to the secretariat, will be accepted within **May 10, 2006**.



Participation Grants

Limited funds will be available for delegates coming from newly industrialized and in transition countries to cover part of their participation expenses. Indispensable requirement to apply for a grant is submission of an abstract.

Grants are meant to cover the expenses for:

- registration
- air ticket in economy class (low cost fare whenever possible) directly arranged by the Congress organization
- hotel accommodation for the duration of the congress (5/6 nights) in a 3/2 star hotel, directly booked by the Congress organization.

To apply for a grant it is necessary to fill out the enclosed Grant Application Form, including the title(s) of the submitted abstract(s) (for abstracts submitted with the on-line methods, the assigned abstract number must also be quoted) and to send it to the organizing secretariat (fax +39 030 382653). Grant forms can also be submitted on-line through the congress web site (www.icoh2006.it – press the Grant button).

Deadline for submission of grant forms: **September 20, 2005**

Confirmation of grant assignment will be sent by **December 20, 2005**



Hotel accommodation and tours

The official Travel Agency of the Congress, in charge of the hotel accommodation and tours is:

Frigerio Viaggi S.r.l.

Via Santa Croce, 2 - 20122 Milan (Italy)
Tel. +39 02.83311184 – Fax +39 02.58112706
e-mail: icoh2006@frigerioviaggi.com
P.IVA 00851420968

HOTEL ACCOMMODATION

All the hotels available for the congress are located in different areas of Milan, all provided with easy connections to the congress site.

Hotel reservation can be made as follows:

On-line

To use this method, participants will have to enter the congress web site www.icoh2006.it, click the “Hotel accommodation and tours” button and follow the instructions reported there. The payment for on-line reservations is by credit card.

Submission of the hotel accommodation form

To use such method, participants will have to fill out the hotel accommodation form included in this program and send it to the Travel Agency together with the payment of the **hotel deposit**, corresponding to the cost of the room for the first night in the chosen hotel. Forms received without the corresponding payment will not be taken into consideration.

The balance of the whole stay will have to be sent to Frigerio Viaggi by **May 10, 2006**

Regular invoice will be sent by Frigerio Viaggi to the mail address specified by participants when the payment is proved.

NOTE

The prices for 2006 are not yet available and the prices quoted in the program are the current 2005 ones.

Prices might therefore increase up to a maximum of 10%.

Definitive prices will be available in Autumn 2005.

It will be care of Frigerio Viaggi to communicate in writing any price variation as soon as known. In case variations exceed 10%, participants will be able to choice between the following options:

- confirm the reservation with the updated price;
- cancel the reservation and be reimbursed of the amount already paid. Such a choice will have to be communicated in writing to Frigerio Viaggi within 2 working days from the receipt of the information. If no reply is received the variation will be considered accepted and reservation confirmed.

Deadline for hotel reservation

May 10, 2006

Requests received after the deadline will be taken into consideration, but reservation in the chosen hotel cannot be guaranteed.

METHODS OF PAYMENT

- Bank transfer in favour of Frigerio Viaggi S.r.l.

Banca di Credito Cooperativo di Carate Brianza - Agency of Milan, Via Napo Torriani 7, 20124 Milan (Italy)

Account no. 16/200351/46; ABI Code: 8440; CAB Code:1601; Swift Code: CRCBIT22; IBAN Code: IT70F0844001601000000200351.

Copy of the bank transfer receipt will have to sent by fax (+39 02 58112706), together with the hotel accommodation/tour booking form.

- Credit Card

The following credit cards will be accepted: VISA; MasterCard; American Express; Diners Club.

Please make sure to fill in the authorization to charge the credit card and all the credit card data in the hotel accommodation/tour booking form.

RESERVATIONS MADE BY COMPANIES / AND OR INSTITUTIONS

Hotel reservations made by companies and/or institutions must be confirmed in writing by an authorized company/institution officer. The confirmation must be sent together with the hotel accommodation/tour booking form and must specify the name, address and VAT ID number (for Italian legal entities liable for tax only) of the company/institution.

For reservations made on-line Companies/Institutions will have to send the authorization by fax to Frigerio Viaggi within **7 working days**. If the authorization is not received within this deadline requests will not be taken into consideration. For any problem, please contact the Travel Agency.

CANCELLATION POLICY

Cancellations of the hotel accommodation will have to be communicated in writing to the Travel Agency.

Cancellations received by **November 30, 2005** will be entitled to a complete refund of the paid amount.

Cancellations received between **December 1, 2005** and **March 20, 2006** will be subject to a penalty corresponding to the first night of the stay.

Cancellations received after March 20 will not be entitled to any refund.

Substitutions will be possible according to the following procedures:

- 1) the Travel Agency must be informed at least 4 working days (Saturday excluded), prior to the date of arrival/beginning of the stay and must receive the complete data of the new person.
- 2) no hindrance due to visa, passport, sanitary authorizations, accommodation or transports is involved.
- 3) the replacing person agrees to pay the travel agency the extra costs necessary for the substitution procedures that will be communicated on confirmation and will start from a basis of Euro 10.00.



List of hotels

List of hotels

FAIRGROUNDS

1) Meliá Milano 5★★★★L

[HTI First Class, Michelin 

Via Masaccio, 19 – 20149 Milan

Located within walking distance from the fairgrounds, this 5-star provides guests with top level service, together with comfort and refinement of its 288 rooms. The Meliá Milano offers main restaurant 'Il Patio', à la carte Spanish restaurant 'Alacena', lobby bar 'Il Prado' and cigar bar 'La Vitola'. Parking facilities nearby.

Location -  Red Line 'Lotto-Fiera 2' stop: 250mt  Duomo Square: 4.7km  FMC Center: 575mt

Room

double for single use / double

€uro

170.00

2) Milan Marriott Hotel 5★★★★

[HTI Superior First Class, Michelin 

Via Washington, 66 – 20146 Milan

Large and impressive. This contemporary hotel boasts 322 rooms and caters to the executive business traveler with complete business facilities. On site restaurant 'La brasserie de Milan', fitness room and concierge executive lounge add convenience, and the decor is understated and elegant. Parking facilities.

Location -  Red Line 'Wagner' stop: 800mt  Duomo Square: 3.4km  FMC Center: 2km

Room

quality double for single use

quality double

€uro

193.50

220.50

3) Summit Enterprise Hotel 4★★★★

[HTI Unclassified, Michelin 

Corso Sempione, 91 – 20154 Milan

The Enterprise, member of the leading chain *Summit Hotels & Resorts*, it is a so called 'design hotel', voted by Conde Nast Traveller as one of the 50 world's coolest new places to visit. 109 rooms, surprising design, state-of-the-art equipment. Fitness centre, 'Sophia's' Restaurant, garden bar, wine cellar. Parking facilities.

Location -  S3-S4 Suburban Railways 'Domodossola' station: 695mt  Duomo Square: 4.2km  FMC Center: 922mt

Room

€uro

double for single use

double

192.00

208.00

4) Hotel Nasco 4★★★★

Corso Sempione, 69 – 20149 Milan

Modern eight-story hotel, the Nasco opens in 2001 after benefiting from 30 years of experience as an aparthotel. The hotel boasts 76 guestrooms provided with all comforts. Breakfast room. No on-site restaurant, but guests can enjoy a drink and a snack in the hotel's bar. Parking facilities nearby.

Location -  S3-S4 Suburban Railways 'Domodossola' station: 490mt  Duomo Square: 4km  FMC Center: 990mt

Room

superior single

superior double for single use

superior double

€uro

145.00

199.00

217.50

5) Atahotel Fieramilano 4★★★★

[HTI First Class, Michelin 

Viale Boezio, 20 – 20145 Milan

In a privileged position, since it's located directly across from 'Domodossola' gate of the trade fair, the *Golden Tulip* Atahotel Fieramilano is a seven-storey modern business hotel that boasts 238 fully soundproofed rooms. At guests' disposal the 'Ambrosiano' restaurant and a lobby bar. Parking available.

Location -  S3-S4 Suburban Railways 'Domodossola' station: 250mt  Duomo Square: 3.4km  FMC Center: 1km

Room

	€uro
superior single	170.00
superior double for single use	186.00
superior double	212.50

6) Domina Regency Hotel 4★★★★

[HTI First Class, Michelin 

Via G. Arimondi, 12 - 20155 Milan

Formerly a prestigious noble residence of the 19th century, the Domina Regency, whose architectural details and furnishing give an air of luxury and refined taste, sits in a residential area and boasts 71 charming rooms provided with all comforts. 'Cote Jardin' restaurant and lounge-bar. Parking facilities.

Location -  S3-S4 Suburban Railways 'Domodossola' station: 1.2km  Duomo Square: 4.5km  FMC Center: 1.2km

Room




	€uro
single	174.00
double for single use	195.50
double	217.00

7) UNA Hotel Scandinavia 4★★★★

[HTI First Class, Michelin 

Via Fauchè, 15 – 20154 Milan

Modern six-story hotel with a striking all-glass facade, the UNA Scandinavia is an exclusive, elegant and ideal place for satisfying the expectations of the most demanding business clients, and lavishes relaxing atmospheres with its 153 rooms, fitness with sauna and the on-site restaurant and café. Parking facilities.

Location -  S3-S4 Suburban Railways 'Domodossola' station: 300mt  Duomo Square: 3.5km  FMC Center: 1.4km

Room

	€uro
double for single use	192.00
double	226.00

8) ADI Hotel Poliziano Fiera 4★★★★

[HTI Moderate First Class, Michelin 

Via Poliziano, 11 - 20154 Milan

The Poliziano Fiera is a modern hotel located just off the fairgrounds and with a service that always meets guests' need. 100 large and soundproofed rooms equipped with all comforts. On-site restaurant at guests' disposal as well as 'Le Cupole' Café, cosy international bar. Indoor parking.

Location -  S3-S4 Suburban Railways 'Domodossola' station: 428mt  Duomo Square: 3.3km  FMC Center: 1.4km

Room

	€uro
double for single use	228.00
double	264.50

9) Space Hotel Mirage 4★★★★

[HTI Superior Tourist, Michelin 🍴]

Via Casella, 61 - 20156 Milan

Comfortable six-story hotel situated in the vicinity of Milan fairgrounds and convenient to motorways. Recently remodeled. 86 soundproofed rooms equipped with all comforts. On-site grill bistro 'Al Posto Giusto'. Private parking.

Location - 🚊 Tramway line 33 'Espinasse/Casella' stop: 120mt 🗺️ Duomo Square: 5.9km 🚗 FMC Center: 2.1km

Room

single

€uro
100.00

10) Minihotel Portello 3★★★

[Michelin 🍴]

Via Guglielmo Silva, 12 – 20149 Milan

Steps from the fairgrounds, the Minihotel Portello is the ideal place for hosting business travellers in Milan. All the 96 rooms are air conditioned, exquisitely furnished and equipped with the most modern comforts. Customers can take advantage of the hotel private parking area. No on-site restaurant.

Location - 🚊 Red Line 'Lotto-Fiera 2' stop: 750mt 🗺️ Duomo Square: 5km 🚗 FMC Center: 390mt

Room

single

double for single use

double

€uro
100.00
114.50
132.00

11) Ambro Hotel Fiera 3★★★

Via Spinola, 9 – 20149 Milan

Exceptionally located just in front of the trade fair complex, 'Metropolitana' gate, the Ambro Hotel Fiera boats 29 spacious rooms, designed and furnished in order to satisfy business travellers' needs and ensuring optimal comfort. Charming garden. Breakfast room. No restaurant. Private garage.

Location - 🚊 Red Line 'Amendola-Fiera' stop: 402mt 🗺️ Duomo Square: 3.7km 🚗 FMC Center: 722mt

Room

single

double for single use

double

€uro
136.00
163.00
195.50

12) Admiral Hotel 3★★★

[HTI Unclassified]

Via Domodossola, 16 – 20145 Milan

Just across the street from the trade fair complex, 'Domodossola' gate. 60 tastefully decorated rooms with many antiques and 18th century memorabilia, but provided with the most modern comforts. The Admiral houses the first Italian James Bond 007 museum. Breakfast room. No restaurant. Car parking.

Location - 🚊 S3-S4 Suburban Railways 'Domodossola' station: 250mt 🗺️ Duomo Square: 3.4km 🚗 FMC Center: 949mt

Room

single

double for single use

double

€uro
131.00
164.00
196.50

DOWNTOWN

13) The Westin Palace 5★★★★L

[HTI Deluxe, Michelin 

Piazza della Repubblica, 20 – 20124 Milan

Ornate but informal 13-story business hotel standing aloof on a hill halfway between Central Station and the massive Duomo. Functional 1950s-era exterior, but imperial & neoclassic style inside. Is one of the most famous hotels in Milan. 244 plush and spacious rooms. 'Casanova Grill' Restaurant on site. Parking.

Location -  Yellow Line 'Repubblica' stop: 50mt  Duomo Square: 2.1km  FMC Center: 4.4km

Room

double for single use
double

€uro
312.00
355.00

14) Space Hotel Sir Edward 4★★★★

[HTI First Class, Michelin 

Via Mazzini, 4 – 20123 Milan

Modern, refined, small stylish business-oriented 'petit hotel', housed in building dating from 1900, located at the corner with Duomo Square in the very heart of Milan. Only 40 rooms with the maximum comfort and the best functioning services. Breakfast room. No restaurant. Parking facilities with collection/delivery.

Location -  Red Line 'Duomo' stop: 40mt  Duomo Square: 30mt  FMC Center: 4km

Room

double for single use
double

€uro
223.00
256.00

15) Space Hotel Dei Cavalieri 4★★★★

[HTI First Class, Michelin 

Missori, 1 – 20123 Milan

Fully central. An Italian landmark ten-story hotel built in 1949 and situated downtown Milan, steps from Duomo Square. Last renovated in 2004. The hotel boasts 176 elegant rooms, with all comforts. Small but comfortable à la carte restaurant for up 40 pax. Indoor car park available nearby.

Location -  Yellow Line 'Missori' stop: 10mt  Duomo Square: 150mt  FMC Center: 4.2km

Room

single
double for single use
double

€uro
223.00
300.50
322.00

16) Jolly Hotel Master President 4★★★★

[HTI First Class, Michelin 

Largo Augusto, 10 – 20122 Milan

Fully central, the perfect place for enjoying the vitality of a city that is always on the move. Modern luxury eight-story hotel that boasts 244 spacious rooms provided with all comfort. Try the array of specialities on offer at the 'Il Verziere' restaurant or the 'Le Colonne' American bar. Parking facilities.

Location -  Red Line 'Duomo' stop: 408mt  Duomo Square: 408mt  FMC Center: 4.6km

Room

single
double / double for single use / superior single
superior double / superior double for single use

€uro
182.00
204.00
226.00

17) Space Hotel Grand Duca di York 3★★★

[HTI Superior Tourist Class]

Via Moneta, 1/a – 20123 Milan

Newly renovated Lyberty-style hotel in a building dated 1780, built to house dozens of priests and a future Pope from the nearby Duomo. 33 rooms. Behind the ochre-and-stone facade is a bar in an alcove of the severely elegant lobby, which sports a suit of armor and leather-covered armchairs. No restaurant. Parking.

Location -  Red Line 'Cordusio' stop: 246mt  Duomo Square: 315mt  FMC Center: 3.5km

Room

double for single use
double

€uro
142.50
193.00

Above rates are per standard room (except where otherwise indicated),
per night and are inclusive of breakfast,
VAT and all taxes. Rates are approximate as of June 2005, and are subject to change.

👉 MINIMUM NIGHT STAY MAY APPLY 👈



FYIO Hotel rating systems guidelines (as of March 2005).

To help you select the hotel that best suits your needs, we have selected three different hotel rating systems. Nevertheless they all are, more or less, internally consistent and all suffer from emphasis on quantitative measures rather than qualitative. Don't look to find agreement between systems, though!

- 1) **Star rating system** – the official ones assigned by each Italian Regional Government with 6 steps: 5-star deluxe, 5-star, 4-star, 3-star, 2-star and 1-star. In general terms the definition of star rating is not dissimilar from US descriptions given by the AAA.
- 2) **Hotel & Travel Index® system** – probably the most universally useful rating system available for travel professionals worldwide. The 10 steps are: Superior Deluxe - Deluxe - Moderate Deluxe - Superior First Class - First Class - Limited-Service First Class - Moderate First Class - Superior Tourist - Tourist - Moderate Tourist. If information is insufficient, a hotel may be listed as 'Unclassified', but this in no way reflects negatively on the property.
- 3) **Michelin Red Guide® system** – covers much of Europe with a rating system of 6 steps which look like Monopoly houses and hotels. Just as in the board game, the bigger the building, the better the rating... and the more expensive! the bigger the building, the better the rating... and the more expensive!

Fairgrounds area – Hotels map

1 Meliá Milano	5★★★★L	7 UNA Hotel Scandinavia	4★★★★
2 Milan Marriott	5★★★★	8 ADI Hotel Poliziano Fiera	4★★★★
3 Summit Enterprise	4★★★★	9 Space Hotel Mirage	4★★★★
4 Hotel Nasco	4★★★★	10 Minihotel Portello	3★★★
5 Atahotel Fieramilano	4★★★★	11 Ambro Hotel Fiera	3★★★
6 Domina Regency	4★★★★	12 Admiral Hotel	3★★★



M Underground system stations

S3 S4 Suburban railways system stations

TOURS

Tours can be booked by filling the proper space in the hotel accommodation/tour booking form and by sending the corresponding payment.

Deadline for tour booking
May 10, 2006

Tours will take place only if the minimum number of 25 participants for each tour is reached, with the exception of tour B (see list below) for which the minimum number of participants is 30. Booking will be processed strictly in date order of receipt. Requests received after the deadline or at the congress site will be accepted according to place availability.

If any of the tours does not reach the minimum required, you will be informed in order to select an alternative or be refunded.

Rates are approximate as of June 2005 and are subject to change.

METHODS OF PAYMENT

- **Bank transfer** in favour of Frigerio Viaggi S.r.l.

Banca di Credito Cooperativo di Carate Brianza - Agency of Milan, Via Napo Torriani 7, 20124 Milan (Italy).

Account no. 16/200351/46; ABI Code: 8440; CAB Code: 1601;

Swift Code: CRCBIT22; IBAN Code: IT70F0844001601000000200351.

Copy of the bank transfer receipt will have to sent by fax (+39 02.58112706), together with the hotel accommodation/tour booking form.

- **Credit Card**

The following credit cards will be accepted:

VISA; MasterCard; American Express; Diners Club.

Please make sure to fill in the authorization to charge the credit card and all the credit card data in the hotel accommodation/tour booking form.



List of tours

A) Walking tour of Milan – Jun. 11 & 13 – half day

Covers all major sights of the city, such as the *Duomo*, one of the finest examples of gothic architecture in Italy, then the *Teatro alla Scala*, the world's most famous opera house, the main thoroughfares and squares of downtown Milan, and the extensive central park area, with the historic towering *Sforza Castle*, house of the venerable *Museum of Historic Art*. There visitors come to see Michelangelo's last work, the unfinished *'Rondanini Pieta'*, that he carved during the last year of his life, just freeing the image of Mary cradling the body of Jesus, 'trapped inside' the marble.

Rate per person **€uro** 20.00

includes HD English speaking tour manager and guide, Theatre and Historic Art Museum entrances.

Note: this tour is included in the Accompanying Person registration fee.

B) Sunset Sightseeing of Milan by tram – Jun. 11 & 12 – half day

The tramway line #20, better known as the old-fashioned 'Ciao Milano' tram, covers all major sights Italy's commercial, economic and financial capital, and let you discover the city under a new light! The true fascination of Milan is reflected through its people, palazzos, monuments and churches, during a circuit that takes 1h 45mins. It is not usual to envision Milan as a tourist destination, so get on board and discover its true colours!

Rate per person **€uro** 65.00

includes HD English speaking tour manager, tour guide, tram private chartering, rich buvette-buffet aboard.

☞ Only 30 seats available per ride. Booking forms will be processed strictly in date order of receipt. ☞

C) Football (please don't call it soccer!) – Jun 12 & 14 – half day

Live *Inter Milan FC* and cross town rivals *AC Milan* history by a fantastic tour around *San Siro Stadium*, considered by many to be one of the finest architectural football temples in the world! During your trip you will visit the *Museum*, to see the shirts, trophies, memorabilia and 24 statues of the greatest champions in city of Milan football history. You will get into the changing rooms and maybe sit on *Vieri*, *Adriano*, *Zanetti*, *Maldini*, *Kakà* or *Shevchenko* seats. Endless emotions!

Rate per person **€uro** 20.00

includes HD private coach, English speaking tour manager, *San Siro* guided Tour & Museum entrance.

D) Excursion to Bergamo – Jun. 12 & 14 – full day

Excursion by coach to Bergamo, one of the most characteristic Lombard hill towns, nestled in the alpine foothills, one hour north-east Milan. It is a city with a split identity, made up of two distinct parts connected by a funicular railway: the Upper Town, 900 feet above sea level, is buttressed by and terraced on the original Venetian fortifications. This is one of one of northern Italy's loveliest city centres that owes much of its magic to the Venetians. About half a mile downhill is the Lower Town, with many 19th-century and early-20th-century buildings lining its wide streets.

Rate per person **€uro** 62.00

includes Private coach, English speaking tour manager and guide, 3-course degustation lunch with beverage.

E) The Franciacorta Wine Route – Jun. 13 & 14 – full day

The 130 “Wine Routes” by now present in Italy are strictly defined by Law. This full day trip takes you out East Milan, to low-lying hills defined by the last slopes of the Retic Alps which plummet down to Lake Iseo, lands paced by the rhythm of seasons, ideal places for those who love the secret fascination of the paths through nature: the Franciacorta region. Franciacorta sparkling wine (...don't call it Spumante!) is produced with a blend of Chardonnay, Pinot Bianco and Pinot Noir grapes. Slow fermentation in bottles (18mos of rest on yeasts and 25mos of process from vintage to distribution) represents a compound art that requires a perfect primary product. If Champagne remains the benchmark for top-class sparkling wines all over the world and still sets the quality standard, Franciacorta is doubtless in the same league!

Rate per person **€uro** 68.00

includes Private coach, English speaking tour leader and guide, cellar visit with wine tasting/canapé, 3-course lunch.

F) Excursion to Lake Como – Jun. 13 & 15 – full day

Full day scenic tour features in the Lake District, with stops in Como and Bellagio, the two world-renowned resorts of Lake Como, that is nestled in a basin surrounded by Alpine ranges. Visit of Como, the major city that lies on the Western shores of the namesake Lake, famous for its silk industry. Cruise on the lake towards Bellagio, at the extreme point of the promontory that divides it in two arms: time to admire the variety of environments, landscapes and settlements along the Lake that will lull you into serenity. Afternoon in Bellagio. Then the Eastern shores, to see the places of Manzoni's literary masterpiece 'The Betrothed'... Are you ready for strong emotions?

Rate per person **€uro** 83.00

includes Private coach, English speaking tour leader and guide, boat cruise, 3-course lunch.

G) Excursion to Lake Maggiore – Jun. 14 & 16 – full day

Ever since Queen Victoria stayed on its shores, Lake Maggiore has been a favourite destination with foreign travellers who have been enticed by its atmosphere and legendary beauty. The lakeside promenades are lined with magnolias, camellias, azaleas and verbena whilst lemon, orange and carob trees can be found on the magnificent world famous Borromean Islands, belonging to the Borromeo of Milan since the 12th century. Of these islands, *Isola Bella*, *Isola Madre* and *Isola dei Pescatori* are the most renowned. The former is the home to the spectacular 17th century *Palazzo Borromeo* and its *Gardens*, the latter, as its name, Fisherman's Island, suggests, still exudes part of its fishing village atmosphere.

Rate per person **€uro** 98.00

includes Private coach, English speaking tour leader & guide, ferry boat, Borromeo Palace & Gardens entrance, lunch.

H) Excursion to Verona – Jun. 13 & 15 – full day

Full day excursion to Verona, always been a compulsory stop, a “must” for great travellers of the past. “To know Verona means to love it” wrote a 16th century humanist. Indeed there are at least a couple of good reasons why this city has come to be so loved. Verona's most important claim to fame is perhaps that it provides the setting for Shakespeare's moving and romantic play, “Romeo and Juliet”, which is worshipped and revered by lovers from all over the world. Finally, it has a wealth of exceptional monuments, as the Arena of Verona, an ancient Roman amphitheatre, one of the greatest and most prestigious archaeological monuments in Europe. From the very beginning of its existence, the Arena of Verona has been a powerful and suggestive place of entertainment: gladiatorial fights,



jousts, tournaments and nightly games took place against a rich scenic background. From the 18th century onwards, theatrical performances became a constant feature. Today, the Arena of Verona comes alive in the warm glow of the summer's evening with the enchanting strains of famous operas and opera singers.

Rate per person **€uro** 93.00

includes Private coach, English speaking tour manager and guide, 3-course lunch.

I) Excursion to Crespi d'Adda Workers' Village – Jun. 12 & 15 – full day

Crespi d'Adda is certainly the most interesting example of the phenomenon of workers' villages in Italy. Authentic model of an ideal city, founded in 1878 on the bank of the river Adda, it has been perfectly preserved (in particular its urban layout and its architectural appearance are still unchanged) and it constitutes one of the more complete and original realisations of South Europe. For this reason The UNESCO Committee for the World Heritage entered Crespi d'Adda in the World Heritage List in 1995, as an "extraordinary example of workers' village". Crespi d'Adda: metaphor or reality? In whatever way, it constituted a pole of industrial and social progress, and its importance has never been questioned.

Rate per person **€uro** 95.00

includes Private coach, English speaking tour manager and guide, Trezzo Castle entrance, 3-course lunch.

L) The ultimate shopping trip to McArthurGlen Designer Outlets – Jun. 15 & 16 – full day

Fashion victim? Simply looking for a great day out shopping? Italy's first and Europe's largest designer outlet is your answer! Just 90kms down South Milan you can find more than 150 stores, including some of world's best-known names in fashion, sport and home-wear. With no stress for traffic you can find thousands of designer brands with permanent discounts of up to 50%, all in one stylish and relaxing shopping location, with restaurants, bars and eateries and a whole host of children's play facilities. That is the perfect venue for a great day out and a thrill you will not want to miss!

Rate per person **€uro** 31.00

includes Private coach, English speaking travel assistant.

PRE/POST CONGRESS EXCURSIONS

Frigerio Viaggi is at your disposal for the organization of pre/post congress excursions and holidays all over Italy, especially designed according to your needs. If you are interested in receiving proposals and offers please contact Frigerio Viaggi.

TRANSFERS

By 3-seat private chauffeur-driven car, including 1 hour wait, portorage and transportation of two pieces luggage per person. Include 10% VAT, tolls and parking fee. *Tip to driver and hotel porter not included.*

		One Way (rate per car)	Round Trip (rate per car)
MXP Malpensa	> downtown (48km)	€uro 90.00	€uro 180.00
BGY Orio al Serio	> downtown (45km)	€uro 110.00	€uro 220.00
LIN Linate	> downtown (6km)	€uro 45.00	€uro 90.00
MXP Malpensa	> outskirts	€uro 115.00	€uro 230.00
BGY Orio al Serio	> outskirts	€uro 140.00	€uro 280.00
LIN Linate	> outskirts	€uro 55.00	€uro 110.00
downtown	> Fiera Milano	€uro 35.00	€uro 70.00
outskirts	> Fiera Milano	€uro 60.00	€uro 120.00
Extra hour wait		€uro 40.00	

Rates are approximate as of June 2005 and are subject to change.

CAR RENTAL *On request.*

We can grant our clients special agreement with AVIS and EUROPCAR groups.

